

Academic Progress Review – Handout 3

GRADE 7 LESSON 10

Academic Goal Sheet – Grade 7

Name: _____ Advisor: _____

WHAT DO YOU WANT TO ACHIEVE THIS YEAR?

How are you doing? What do you want to achieve this year?

Based on that information, think of your biggest academic goal for this year, do you want to...

- Get a certain GPA (say, 3.0)?
- Pass all your classes?
- Do all your homework?
- Get a tutor
- Meet mastery on all sections of the WESTEST 2 next spring?
- Get into an honors class?
- Learn another language?

What do you want to do? Please write at least one goal below for your academic achievements this year.

Remember that your goal should be “SMART,” that is:

- **Specific** rather than general (*Such as: “I want to get a 3.0 GPA this year”*).
- **Measurable** by what you will do during the year (*by grades or test scores, for instance*).
- **Achievable** or realistic for 7th grade.
- **Rewarding** so that you will feel you’ve accomplished something.
- **Time-oriented** and able to be finished by the end of the school year.

SHORT TERM ACADEMIC GOAL:

While I am in 7th grade, I want to _____ . This will help me succeed academically because _____ .

LONG TERM ACADEMIC GOAL:

When I get to high school, I want to _____ . This will help me succeed academically because _____ .

